

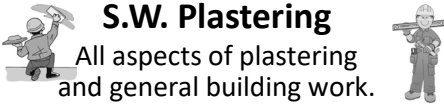


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**Ian: 07974 410438**

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Contact us for vacancies and advice.

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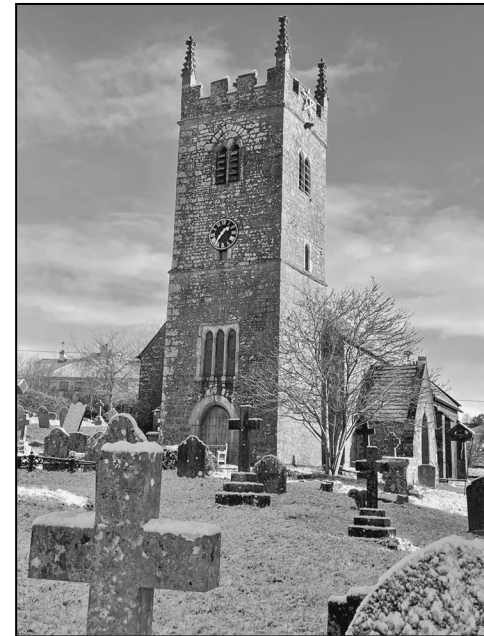
**call: 01626 774799**

**e-mail: [info@nesscaregroup.co.uk](mailto:info@nesscaregroup.co.uk)**

# PARISH NEWS

December 2024  
and  
January 2025

*Season's  
Greetings*



IDEFORD with LUTON, ASHCOMBE,  
OLCHARD, HESTOW, IDEFORD COMBE  
AND HIGHER SANDYGATE

### Items for inclusion in the February 2025 issue of the Parish News

should be sent to: Janet Aylmore at [j23aylmore@gmail.com](mailto:j23aylmore@gmail.com)  
by **Wednesday, January 15th 2025**


Items for the Parish website should be sent to Mrs Clarke at  
[idefordclerk@hotmail.co.uk](mailto:idefordclerk@hotmail.co.uk)

**Steve Thompson**  
HETAS qualified  
**CHIMNEY SWEEP**  
www.thechimney-sweep.co.uk  
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**The Elizabethan Inn**  
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Tel: 01626 775425  
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♦ Take Away  
♦ Check out what's on at The Lizzie  
www.elizabethaninn.co.uk

**IDEFORD GARAGE**  
all makes of vehicles repaired & serviced  
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courtesy car available  
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**PIANO LESSONS**  
**Nicholas Gardiner, M.A., L.T.C.L.**  
Bishopsteignton, Teignmouth & Exeter  
**01626 779403      Est. 1977**



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Tuesdays 5.45 - 7.30pm  
Yin Yoga with Jo: Wednesdays 9 - 10.30am  
Cost £12  
**BOOKING ESSENTIAL**  
Friendly Studio - Namaste Barn, Hestow Rd, Ideford, TQ13 0BH  
Feel free to contact Jo: 07714 253992  
email: jopureyoga@gmail.com  
More info at: www.itsallaboutfeelingbetter.co.uk

**The Sanctuary, Higher Colleybrook Farm**  
Alpaca Poo for sale all year round  
Good for flowers, vegetables and tree planting  
Ready to use off the field, no need to compost  
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Garden Maintenance Services  
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Weeding Planting Strimming  
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**L.H Lawn Care**  
specialising in moss problems, grass cutting, hedge trimming, strimming, pressure washing  
**Contact Lucie on 07765 451662**



<b>HALDON TEAM MINISTRY</b>			
Priest in Charge	The Rev'd Carol Green revcarolgreen@gmail.com	01626 775303	Rest Day: Wednesday
Team Vicar	Rev'd Dave Wilkie revdavewilkie@haldonteam.org.uk		
Team Curate	Rev'd Peter Burren revpeter@haldonteam.org.uk	01626 775728	
Team Curate	Rev'd Elizabeth Burren revelizabeth@haldonteam.org.uk	01626 775728	

**PARISH DIRECTORY**

**Church Wardens**

Ashcombe	Position Vacant		
Ideford	Position Vacant		
Luton	Miss K Vooght	775426	Mr J Reddaway 775218

**PCC Secretary**

Ideford	Nicki Horseman	idefordpccsec@gmail.com
Luton	Angie Carter-Woodwark	854898

Ashcombe	Eleanor Rayner	ninirayner@yahoo.co.uk
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<b>Devon County Councillor</b>	Cllr. Ron Peart	362260
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<b>Teignbridge District Councillors</b>	Cllr. K. Gearon	
	Cllr. Ron Peart	362260

**Ideford Parish Council**

<b>Chairman</b>	Cllr Tom Hill	07703 647880	tomhillidefordpc@gmail.com
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<b>Clerk</b>	Mrs Clarke	07886 004919	idefordclerk@hotmail.co.uk
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**Ideford Village Hall**

<b>Chairman</b>	Position Vacant		
<b>Booking Clerk</b>	Angela Fox	859599	idefordhallbookings@yahoo.com

**Ideford Millennium Green**

<b>Chairman</b>	Jane Hill	07871 103235
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<b>Booking Clerk</b>	Jane Hill	07871 103235
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<b>Ideford Social Group Secretary</b>	Kath Mortimore	853394
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<b>Ideford Bell Ringers</b>	David Aylmore	852259
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<b>Ideford short Mat Bowling Club</b>	Jill McCord	859544
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<b>Parish Newsletter Editor</b>	Janet Aylmore	852259
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<b>Parish Footpath Warden</b>	Suzanne Hill	07443 519085	e-mail: suzannevhill@icloud.com
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**Parish Wildlife Wardens**

	Dominic Morby		e-mail: dominic.morby@gmail.com
	Robin Aaronson	854397	e-mail: grandvizier51@gmail.com

<b>Bishopsteignton Preschool &amp; School</b>		01626 775873	e-mail: admin@bishopschool.co.uk
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<b>CAD Community Worker</b>	Bob Bigland	203050
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<b>PCSO Saul Bunce</b> , e-mail: saul.bunce@devonandcornwall.pnn.police.uk		
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<b>Neighbourhood Beat Manager, PC 10392 Ben Chadwick</b>		07710076780	e-mail: 10392@dc.police.uk
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Dear Friends

As another year draws to a close as always there have been high and low points.

We have become grandparents for the first time which is such a joy especially as we lost our much-loved retriever Baloo a few weeks before aged nearly 16. But then life is full high points and less good points. The Olympics and Para Olympics were a great event to watch as we witnessed people working with such dedication and camaraderie to achieve personal dreams. Then there's been the continued war in the Ukraine and Middle East with some heart-breaking scenes - it is a real challenge to think about celebrating Christmas against the back drop of such bloodshed in Jesus' own lands.



How do we reconcile this as we come to celebrate Christmas? Jesus was born into a messy world a refugee far from the comforts of home in a cold and draughty stable. Through his life he was always kind and helpful to others, but he met an end like many in Israel/Palestine today in violent suffering. He didn't use one of his "super powers" to escape what it is like to be human but instead went among people continuing to be compassionate although the authorities didn't want this and were scornful and brutal. He made a difference despite violence and cruelty.

In the DR Congo people have faced or perpetrated the most horrific violence. In a peace centre built there it's leader Bisoke Balikenga says government and leaders have failed and brought people to despair. "They are finding that only Jesus can change them, heal their trauma and give them hope....For only Jesus never leaves us."

I really hope you have not experienced troubles this year, but whatever happens in your life Jesus' love is there for you call upon him in prayer. Christmas is so special because a newborn baby helps to reorientate us- its vulnerability and perfectness bring out gentleness in us. Jesus is often closest to us at Christmas - we can just sit and ponder the crib. When all other "human inspired" solutions fail there is always Jesus to walk alongside us and give us grace and healing.

I wish you and you family and friends a most blessed and joyful Christmas. With love in Christ,

*Carol*

*The Rev Carol Green, Team Rector of the Haldon Mission Community and Shaldon Parish covering Church of England churches in the area around Teignmouth.*

### December Services

<b>Sunday Dec. 1st</b> 4.30pm	<b>1st Sunday of Advent</b> Evening Worship	Ideford
<b>Sunday Dec. 15th</b> 11am	<b>3rd Sunday of Advent</b> Holy Communion	Ideford
<b>Tuesday Dec. 17th</b> 7pm	Carol Service	Ideford
Refreshments will be available from 6.30pm		
<b>Sunday Dec.22nd</b> 5pm	<b>4th Sunday of Advent</b> Carol Service	Luton
<b>Monday Dec. 23rd</b> 10am until 11.30am 5.30pm	Messy Christmas Carols by Candlelight	Ideford V.H. Ashcombe
<b>Tuesday Dec. 24th</b> 4pm 4.30pm	<b>Christmas Eve</b> Community led Crib Service Holy Communion	Ideford Ideford
<b>Wednesday Dec. 25th</b> 10am	<b>Christmas Day</b> Informal Family Service	Ideford

### January 2025 Services

<b>Sunday Jan. 5th</b> 4.30pm	<b>2nd Sunday of Christmas</b> Evening Worship	Ideford
<b>Sunday Jan. 12th</b> 6.30pm	<b>1st Sunday of Epiphany</b> Evening Service	Luton
<b>Sunday Jan. 19th</b> 11am	<b>2nd Sunday of Epiphany</b> Holy Communion	Ideford

Full details of Christmas services can be found on pages 6 and 7.

For other services in the team please see the team website:

**[www.haldonteam.org.uk](http://www.haldonteam.org.uk)**

*Details of services at Ashcombe will also be found on the Ashcombe Facebook page.*

### **Thank you!**

I have recently received an email from 'Help for Heroes' thanking St Mary's for our donation of £46.35 collected at the Remembrance Sunday Service.

### GENERAL INFORMATION

#### Ideford Church Key Rota

December Christine and Libby (Brendon)  
January David and Janet (Corner Cottage)

#### Luton Altar Flowers and Brass Cleaning

December K Vooght January Emma Vooght

#### Chudleigh Library - opening times

Monday	10am - 1pm	Tuesday	3pm - 6pm
Wednesday	10am - 1pm	Thursday	closed
Friday	2pm - 5pm	Saturday	10am-1pm

Tel: 01626 852469 E-mail: [chudleigh.library@librariesunlimited.org.uk](mailto:chudleigh.library@librariesunlimited.org.uk)

*Please contact the library for opening times over Christmas and New Year.*

**Stay and Play** at Chudleigh Library. Every Wednesday, 1pm - 2pm. Suitable for children age 0 - 5 and their carers. Tea/coffee available for a small donation.

#### Websites and Sat. Nav.

**Haldon Team Website** [www.haldonteam.org.uk](http://www.haldonteam.org.uk)  
**Ideford Parish Website** [www.ideford-parish.co.uk](http://www.ideford-parish.co.uk)

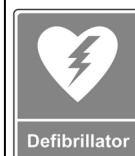
**Church post codes for Sat Nav:** St Mary's, Ideford TQ13 0BA  
St John's, Luton TQ13 0BN St Nectan's, Ashcombe EX7 0QD

#### Useful Contact Numbers

**Report a problem on roads inc. potholes, overgrown hedgerows etc:**  
<https://www.devon.gov.uk/roadsandtransport/report-a-problem>

**Report Power Cuts or damaged Electricity Power Lines & Substations:105**  
**Teignbridge District Council Emergency Line (out of hours)** 01395 516854

<b>Samaritans</b>	116123	<b>Age UK Devon</b>	0333 241 2340
<b>Environment Hotline</b>	0800 328 6402	<b>C.A.B.</b>	03444 111444
<b>NHS non-emergency</b>	111	<b>Crimestoppers</b>	0800 555111
<b>General Police enquiries</b>	101	<b>EMERGENCY</b>	<b>999</b>



### **A defibrillator is located in the porch of Ideford Village Hall, Church Road, TQ13 0BA**

In the unfortunate event that you need to use the defibrillator please **dial 999** and the emergency services will give you an access code to unlock the yellow cabinet, and will talk you through what to do.





## SPACES AVAILABLE

**Bishopsteignton Primary School  
and Bishopsteignton Preschool**

Flexible Wrap Around Care Available  
8am - 5:30pm

## VISITS WELCOME!

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admin@bishopschool.co.uk**



The Governors of Bishopsteignton School have a vacancy on the Full Governing Board. All skills are welcome. Please contact Geoff Jones (Clerk) on 07703 282116 or by email at [clerk1@bishopschool.co.uk](mailto:clerk1@bishopschool.co.uk)

### THANK YOU ALL

It was wonderful to see so many of you turn out to take part in the quiz. The Village Hall Trust and the Friends of the Hall work very hard to maintain a high standard of accommodation for all to use and it gives us all a boost when an event is enjoyed that much! The atmosphere was great, competitive but hugely good humoured! We hope to have a ' Spring Quiz ' in 2025, so we hope you will join us there.

We took over £600 on the night and even with expenses taken out, it was a wonderful result. That will go a long way towards the cost redecorating the main hall and kitchen in January. So thank you again for coming to a real community event. A great opportunity for friends family and neighbours to come together. Hope to see you all again at the Winter Fayre!

*Ideford Village Hall Trust*

### Teignbridge District Archaeological Society

This new practical society being set up, will be run by the community, for the benefit of the community. They have several activities and project ideas in mind, from excavations to experimental archaeology, and heritage skills to networking. All ages, backgrounds and levels of interest in the subject will be welcome. For more details please either email the chairperson, Gary at [teignarch@gmail.com](mailto:teignarch@gmail.com) or join the Facebook group- Teignbridge Archaeological Society.

### Dates for your diary - regular events

#### IDEFORD PARISH COUNCIL

The next Parish Council Meeting, **Thursday 12th December 2024 at 7.00pm** in Ideford Village Hall. All parishioners are welcome. There is no meeting in January.

#### BISHOPSTEIGNTON PARISH COUNCIL

Meetings are held at the Community Centre, Shute Hill, at 7.30pm.

**Monday December 2nd** Full Council

**Monday December 16th** Finance and Planning Committees

**Monday January 13th** Full Council

#### IDEFORD SHORT MAT BOWLS

Small friendly group meeting every Tuesday in the village hall from 7pm till 9pm with a break for tea.

We encourage new members of any age to join us, no experience necessary, just turn up and 'have a go'.

#### IDEFORD SOCIAL CLUB

Monthly meetings - please contact Kath Mortimore for details - 853394.

#### CHURCH CLEAN AT ST. MARY'S

**Wednesday December 4th and January 8th 10am - 12noon.**

Refreshments provided, come when you can, leave when you must. All equipment will be provided.

#### BELL RINGING PRACTICE

Practices are normally in Ideford Church on Thursday evenings from 7.30pm until 9.00pm. Why not come along and have a chat over coffee and biscuits - we're a friendly bunch and would love to meet you. Please contact David Aylmore (852259) or Martin Sampson (853391) for more information.

***Ideford Parish Council and  
Ideford Parochial Church Council  
would like to wish everyone a very  
Happy Christmas and  
a peaceful and healthy New Year***



**SATURDAY NOVEMBER 30<sup>TH</sup>**

**10 – 2pm**

**IDEFORD WINTER FAYRE**

**Ideford Village Hall**



Come and spend an enjoyable time, enjoying good company, tea, coffee, festive drinks and other 'yummy' things!

Perhaps a little Christmas shopping for that 'special something' from our artists and makers - and a good natter!

Christmas Wreath demonstration by Liz Hill

Festive Draw, including a lovely hamper of 'goodies'

All proceeds will go towards continued improvements to the Village Hall

**Village Carol Singing at St. Mary's, Ideford - everyone welcome.**  
**Friday December 13th, 6pm - 7pm**

Mulled wine & mince pies.

Donations to RNLI

**Carol Service at St. Mary's, Ideford**

**Tuesday December 17th**

Traditional refreshments from 6.30pm  
Service starts at 7pm

**All welcome.**



**Carol Service at Luton**

**Sunday December 22nd at 5.00pm**

The service will be followed by refreshments

Everyone will be made very welcome.



**Christmas Messy Church**

**Monday 23rd December**  
**Ideford Village Hall, 10am - 11.30am**



All children under 12 with their parents and grandparents are invited to join us on

Please let Liz Rice know if you plan on coming, this will help us prepare [lizrice890@icloud.com](mailto:lizrice890@icloud.com)

**Christmas will be coming**

Christmas will be coming.  
Mayhem at the shops.  
All the rush and bustle.  
Wearing silly socks.

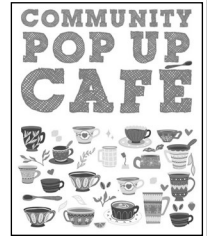
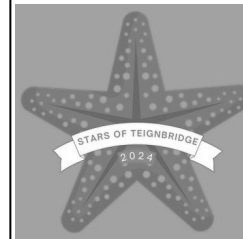
Geese are getting worried.  
Farmers growing sprouts.  
Young ones get excited.  
Turkeys plan breakouts.

Colder darker days as well.  
But warmer by a fire.  
Getting dec's down from the loft.  
Listening to a choir.

Times for jolly gatherings.  
Hoping for no traumas.  
Lots of steamy kitchens.  
At least that's somewhere warmer.

Not everyone will be involved.  
For many a different reason.  
No matter what, let's hope they can  
Enjoy the festive season.

*Ironicus*



We were delighted that our Pop up Café won the Star of Teignbridge Award for it's category at the recent Award Ceremony. This is a community café, and it's thanks to the community that it continues to thrive. Thank you to everyone who helps in any way - in the kitchen, baking, moving furniture etc, and to everyone who comes along to enjoy good company and refreshments and for donating so generously to support Homeless in Teignbridge Support (HITS) Foodbank.

*Vanessa and Janet*

**Fundraise for St Mary's while you SHOP ONLINE!**

**It's been over 10 years since Ideford Church started using Easy Fundraising. We've raised £855.67 and have 27 supporters.**

Things have moved on since 2013 - there's an App to go on your smartphone now and also a QR code (where you line up your camera to open up the App). Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself! Most of us do some online shopping so if you're Christmas shopping, booking holidays, tickets, buying food or clothing - you'll find big name retailers like John Lewis, Amazon, Tesco, Currys, Asda, Iceland, eBay and Apple, all ready to help you raise more for Ideford Church when you shop with them. It's completely FREE and only takes a moment.

You can find our easyfundraising page at <https://www.easyfundraising.org.uk/causes/idefordchurch>


Thank you so much - please be one of our Supporters!



108/24	<p><b>PLANNING:</b></p> <p><b>108.1</b> No planning applications.</p> <p><b>108.2</b> The following planning decision is noted  <b>23/01952/FUL</b> - Colleybrook Farm - approved with extensive conditions.</p> <p><b>108.3 Enforcement update and issues:</b> Parish Planning Forum meeting on the 23rd September was attended by two councillors who found it very informative.</p>															
109/24	<p><b>CONCERNS RAISED BY PARISHIONERS TO COUNCILLORS.</b></p> <p><b>109.1</b> An Information request was received by a parishioner in relation to a planning matter and minutes in the parish magazine some years ago. The chair replied to the parishioner.</p> <p><b>109.2</b> Minutes in the parish magazine were different from the final approved minutes. A change of procedures has been instigated to prevent this happening again.</p>															
110/24	<p><b>110.1</b> Approval for setting the paye up as a standing order, along with HMRC</p> <p><b>110.2</b> Balance of accounts was provided - £16735.03 as the precept has come in. The monthly bank reconciliation for September 2024 was approved and signed.</p> <p><b>110.3</b> The payments listed below were approved for payment, including the interim payments of:-  Scribe accounts, Cilca Payment.</p> <p><b>110.4</b> An administrative update was provide of emails received and an update was given regards the Insurance update, the addition of Millenium Green to the parish council insurance policy was approved. An explanation was provided by the chairman.  Other administrative matters discussed:  Parish Council Grant to the green, towards the building costs, when the invoices come in chair will send them in due course. It is noted the chair will be absent for the next meeting.  The Vice chair asked about the Village Hall insurance, would the parish council budget include a contribution to the village hall insurance next time.  Payments:-</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>Staff payments</td> <td>Staff Costs</td> <td>£486.46</td> </tr> <tr> <td>HMRC</td> <td>Staff Costs</td> <td>£7.80</td> </tr> <tr> <td>Scribe</td> <td>Administration</td> <td>£14.40</td> </tr> <tr> <td>Cilca</td> <td>Training</td> <td>£460.00</td> </tr> <tr> <td>Insurance additional premium</td> <td>Insurance</td> <td>£103.35</td> </tr> </table>	Staff payments	Staff Costs	£486.46	HMRC	Staff Costs	£7.80	Scribe	Administration	£14.40	Cilca	Training	£460.00	Insurance additional premium	Insurance	£103.35
Staff payments	Staff Costs	£486.46														
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Scribe	Administration	£14.40														
Cilca	Training	£460.00														
Insurance additional premium	Insurance	£103.35														
111/24	<p><b>DATE OF NEXT MEETING:</b> Thursday 14th November 2024.</p>															
112/24	<p>The Chair closed the meeting at 19.38.</p>															


**Ashcombe Carols by Candlelight**  
**Monday December 23rd AT 5.30PM**

Come and enjoy singing some traditional carols.



**Christmas Eve at St Mary's, Ideford**

**4pm** Join us for a short, lay led **traditional crib service**. If any children would like to help read the Christmas Story please contact Janet Aylmore on 852259 or email: j23aylmore@gmail.com.




**4.30pm** Short Christmas Eve **Holy Communion**. There will be a short interval after the crib service to enable those who don't wish to stay for the Communion service to head home.

*We look forward to welcoming you to one or both of these services.*

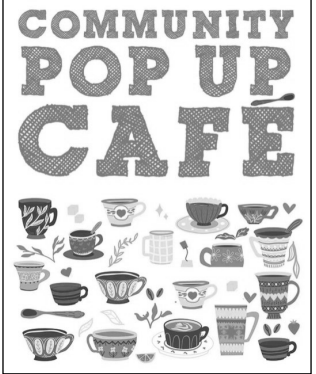
**Christmas Morning at St. Mary's, Ideford**

Community led informal Family Service to celebrate the true meaning of Christmas



**10.00am for approx. half an hour**

*You can be assured of a very warm welcome*



**Friday November 29th**  
**\*\* Friday December 13th \*\***  
**Friday January 31st 2025**  
**Friday February 28th 2025**

**Ideford Village Hall 11am - 1pm**

**Everyone welcome to come along for tea/coffee & cake and/or a light lunch**

**Meet up with friends and neighbours at your dog friendly, Community Café**

**Voluntary donation only**  
(all proceeds after expenses are donated to HITS)

Please contact Janet or Vanessa with any offers of help.

**\*\* Please Note:** The December Pop up Café will be held on the 2nd Friday of the month to avoid the Christmas/New Year period - hope to see you there.

## Sustainable Ideford A - Z.

### X is for Xmas 2024



We are not quite at X yet in our alphabet but can't miss this seasonal opportunity to offer advice on how to have a Christmas that is as sustainable as possible.

#### Presents

While it's tempting to go overboard when it comes to Christmas gifts, it's worth resisting if you want to be more conscious of your impact on the planet and how ethically gifts are made. Check out your Christmas present list. With so many under the pressure of time or money, suggest kids only Christmas presents or a Secret Santa for the wider family.

#### Cards

It is estimated that one billion Christmas cards end up in the bin each year. Try culling your list or consider donating what you would have spent to a charity instead. Make sure you recycle your received cards after Christmas or recycle them as labels for next year.

Many charities are now offering e cards which are bound to be popular now that a 1st class stamp can cost £1.65. The charities give you the option of donating the saving or simply making a charitable donation. Try [dontsendmeacard.com](http://dontsendmeacard.com) and similar companies where you can choose your card and also which charity you want to support.

#### Wrapping

Use last year's recycled paper or buy a recycled variety of wrapping paper or simply wrap presents in brown paper and a reusable ribbon or natural decoration. Alternatively try Furoshiki - the Japanese art of using fabric, scarves and even tea towels - to wrap your present. Lots of ideas for this on YouTube. Maybe invest in some colourful fabric squares for wrapping future gifts. These can be retained by the receiver or returned to the giver and used again and again.

#### Lights

Lessen the impact of Lights. Consider solar powered or Led options to minimise the energy needed.

## IDEFORD PARISH COUNCIL

### Minutes of the Parish Council Meeting held in the V.H. on 10th October 2024 at 7pm

Present: Cllr T Hill – Chair  
Cllr A Carter-Woodward Vice Chair.  
Cllr D Fox  
Cllr H Bellamy

Cllr M Batting  
Cllr C Hill  
Cllr Peart DCC

In Attendance: Wildlife Warden, Robin Aaronson

Mrs. Clarke, Clerk  
2 members of the public

#### Item (a)

#### Discussion and Decisions (b)

102/24

**WELCOME AND APOLOGIES FOR ABSENCE:** The Chair opened the meeting at 7:00pm and welcomed everyone. Apologies were received from Cllr Gearon, Cllr J Gardner, Dominic Morby

103/24

**THE MINUTES OF THE LAST MEETING:** of the 12th September 2024 were accepted by all the councillors and duly signed.

104/24

**THERE WAS ONE DECLARATION OF INTEREST:** As a trustee of the Millennium Green the chair mentioned his interests in the insurance matter.

105/24

**THERE WAS NO PUBLIC PARTICIPATION**

106/24

**REPORTS:** There were no reports from the District Councillor. PCSO Bunce reported for the period, 1st September 2024 to the 30th September 2024, 2 recorded offences one a theft, the other violence on a female.

107/24

#### PARISH MATTERS:

**107.1 Teignbridge Strategic Plan.** Cllr. Hill reviewed it and provided some details on it to the council, who support it. The plan is divided into five areas and they have produced a list of 4-5 things they will do in each category.

**107.2 Updates on roadworks, highways, parking issues and potholes and discuss/agree any action.**

The latest repairs on Olchard Lane are due to finish locally on Friday 11<sup>th</sup> October. Resurfacing is due to occur next year.

**107.3 Broadlands** a few parishioners have expressed an interest in using this area for parking. Cllr Peart spoke to the estate manager about this and he is waiting to hear back from him. Comments were made about the history of this piece of land.

**107.4 Sustainable Ideford.** Due to the absence of Cllr Gardner, there was no report at this meeting and an update will be provided next month.

**107.5 Wildlife Wardens report:** The hedge in the church yard which was damaged will be repaired? Trees/hedging on the green will depending on the building works currently being undertaken. There is a report of Door mice in the area, Robin will be investigating, he went onto explain how to tell the difference between small mammals based on how chestnuts are eaten.

**107.6 Pop Up Cafe Nomination:** The parish council nominated Vanessa and Janet for the Teignbridge Star awards and they have been short listed



## SAVE THE DATE.

For the third year running:

### **50 mile cycle ride and cake sale for Danielle, Samaritans and Mental health.**

**Sunday 6th April 2025**

More details to follow.

This year raised well over £4,000 but very importantly brought together all ages and abilities to cycle, take part and improve their mental health.

Thank you everyone.

From The Cornish family and friends X



### **An open letter to whomever it may concern**

When I moved to the village the best part of fifty years ago, the village was basically run by a group of lovely ladies of stature. Some of you may remember them, Elizabeth Osborne, May Wells, Ann Rigby-Jones and a few others. What a powerful group they were. I was gently told that Ideford was a caring village, and what was expected of me to help keep it so. They didn't have a malicious bone in their body. They got their way with gentleness and kindness.

Well, now, I feel ashamed and deeply disappointed. There seems to be a vein of malevolence that is running through the village. Whether this is caused by envy or jealousy I don't know. If this is a group or a single person, I don't know or whether it's out of a feeling of self righteousness, I again don't know, but what I do know is that a lot more tolerance is needed concerning other people's tastes.

What I would ask is, please put a halt to it, Ideford is still a lovely place to live in, so please put a stop to it before we end up with a divided, squabbling village which is no good to anyone.

*Bill Wilkins*

*Continued from page 8*

### **Trees**

If you choose to buy a real Christmas Tree make sure it's grown in Britain. Look out for the British Tree Growers Association mark or FSC certification. If you buy a rooted tree and look after it well your tree can be reused for years to come. If your Christmas tree is fake try and make it last at least 10 years. After Christmas, if your tree does not have roots, make sure it is recycled and turned into wood chips. Check with Teignbridge Council website for details.

### **Food**

Use ingredients such as sprouts, cabbages, leeks, pears and cranberries all of which are seasonal in December. Buy locally when possible. Go easy on the cling film (it can take years to decompose. Minimise waste. Buy only what you need; be creative with leftovers and if you've bought too much give what's spare to local food banks. HITS (Homeless in Teignbridge Support) in Kingsteignton or THAT Foodbank in Newton Abbot.

### **Decorations**

Avoid plastic and glittery decorations on your wreath or tree.

Avoid sequins on your Christmas outfit (they are made from pvc and there are no biodegradable substitutes).

### **Crackers**

Try to make your own. They are often shipped from China and filled with plastic items that will only get thrown away. Use toilet roll middle and start listing your best jokes or better still a sustainable question.

### **Stop and think:**

Do we need this? Does the recipient need this? Is it sustainable? Is there a better option?

*Wishing you all a very happy Christmas  
from your Ideford Sustainability Group:*

*Dom, Jill, Jim, Liz, Rob and Robin.*

*Please support our group in 2025 by joining it  
or coming along to some of our open meetings.*

*For further information please contact [jillvicary@gmail.com](mailto:jillvicary@gmail.com)  
or any group member you may know.*

